

George Cousins Catering

**Tel: 506.847.4400 - ext 8 ■ Fax: 506.849.3663 ■ E-mail:
georgecousins@vitos.ca**



Luncheon Menu Ideas 1

Build your own Lunch for \$18/person - Minimum 20 people

Enjoy a varietal selection of fresh ingredients that you design at your leisure

Salad

***Romaine salad, Spinach leaves, Mesclun salad with an assortment of toppings
Tomatoes, cucumbers, red onion, radish, julienne carrot, bacon bits, sliced black olives,
croutons, hot banana peppers, green onions, diced peppers***

With a choice of 3 dressings:

Light Italian, Light Ranch, Light French, Balsamic, Red Wine Vinaigrette.

Sandwiches

Build your own Sandwich selection, choice 3 breads, 3 meats and 1 cheese

Baguette, Multigrain white and whole wheat wrap, Ciabatta

Shaved Black Forest Ham, Turkey, Tuna Salad, Roast Beef, Grilled Vegetables

Swiss cheese, aged old Cheddar cheese and Havarti

Accompanied with chiffon iceberg lettuce, sliced tomatoes,

red onion, mayonnaise, mustard and Dijon mustard.

Vegetable and pickle tray

To finish - Choose One

Fresh baked cookies and squares

Fruit Platter - add \$2/person

Coffee, Tea-add \$2.99 /person



