

George Cousins Catering qplex

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Nutrition Break Ideas

Minimum 20 people

Option 1- \$5.25

*Coffee and Tea
Assorted Muffins & Butter*

Option 2 –\$6.25

*Coffee and Tea
Cookies and Sweets*

Option 3 – \$6.25

*Coffee and Tea
Fruit Tray*

Option 4 – \$6.25

*Coffee and Tea
Vegetable Tray*

Option 5 –\$6.75

*Coffee and Tea
Assorted Yogurt with Granola (optional)*



Nutrition Break add-ons

*Assorted Juices/ Bottled Water or Pop \$2.25 each
Additional Sliced Fruit \$2.75 per person*

Prices Do Not Include taxes (13%) or Gratuity (15%)

